

C.A.N.I (cont)– Choose Your Peer Group Wisely

Earlier shortcuts to success included (1) learning from experience – using Pendleton’s formula for feedback and (2) identifying great leaders and using similar approaches.

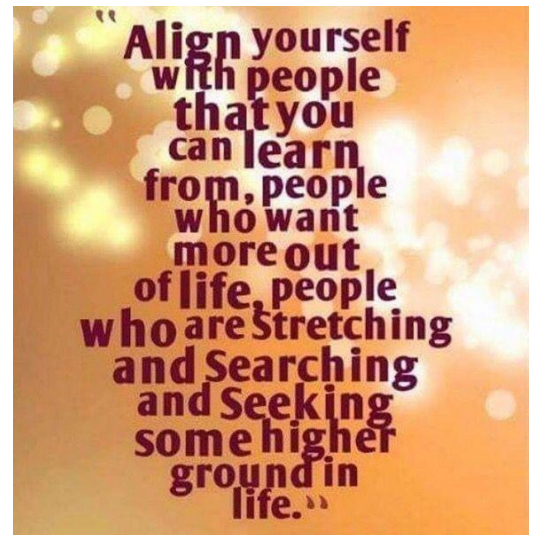
Number 3 of 10 tips for continuous and never-ending improvement is:-

3. Choose your peer group wisely

You become like the people you spend most of your time with, so - to get really clear about how they influence you, do this short exercise.

Thinking about who you spend time with inside and outside work:-

- Who encourages, supports or elevates you?
- and who brings you down?
- Who are the people in your peer group smarter than you? We want to spend time with people we can learn from
- Are they ‘can do’ people or do they give up at the first hurdle?
- Are they problem or solution focussed?



**A LEADER
IS ONE WHO**
→
**KNOWS THE WAY,
GOES THE WAY,**
↩ AND ↪
SHOWS THE WAY.
JOHN C. MAXWELL

Now determine to spend more time in the company of positive people you can learn from and reduce the amount of time you spend with anyone who saps your energy.

See how quickly you start to feel better about yourself.

Take a record of what you discovered about your peer group whilst doing this exercise.

For more information on CORE leadership skills please visit my website at
www.lynnpeyton.com/core